



# AMARANTHACEAE FAMILY

## CROP MEMBERS

Amaranth, Spinach, Beets,  
Swiss Chard, Quinoa, Orach

## FLOWER DESCRIPTION

Regular symmetry,  
often without petals

## LIFE CYCLE

Mostly biennial

## FRUIT TYPE

Capsule, dry,  
indehiscent

## MATING SYSTEM

Very outbreeding

## POLLINATORS

Primarily wind

## FORMER NAME

Chenopodiaceae

Botanical Names		
Genus	Specific Epithet	Common
Amaranthus	spp	amaranth
Beta	vulgaris	beets Swiss chard
Spinacia	oleracea	spinach
Chenopodium	quinoa	quinoa
Atriplex	hortensis	orach

